

Fred Sock

Sr. Nuclear Construction Regulatory Advisor, Nuclear Regulatory Commission



Frederick (Fred) Sock has more than forty years of professional experience, with thirty-seven of those years in the design, fabrication, and installation of nuclear power plant structures. The last six years have been with the US Nuclear Regulatory Commission, in the Office Nuclear Regulatory Research.

Prior to joining the US Nuclear Regulatory Commission, Fred was President of Fred Sock and Associates, Inc. of Biloxi, Mississippi, a small engineering consulting firm founded in 2007 to provide civil/structural engineering consulting, program/project management, construction management and building commissioning services to the public, private, and governmental sectors.

Frederick Sock attended Columbia University in New York City where he received Bachelor of Science and Master of Science degrees in Civil/Structural Engineering. He worked as an engineer designing blast resistant structures and supporting construction activities at nuclear power plant sites.

Fred also served as Assistant Professor of Civil and Environmental Engineering at Christian Brothers University in Memphis, Tennessee. He also co-founded Sock, Beard & Associates, a building commissioning services provider, headquartered in Indianapolis, Indiana.